Shawnee 50 Mile Aid Station Chart

Shawnee's Premier "50 MILER" Trail Run

A.S. #	Name	Mileage	Section Mileage	Crew Access	Drop Bags	Aid Station Size	Elevation	8 Hour Pace (8:53/mi)	12 Hour Pace (13:20/mi)	17 Hour Pace (18:53/mi)	Cut-off Time (AS Closes)	Waypoints (for GPS)
0	Start	0	0	Yes	Yes	n/a	977'	0:00:00	0:00:00	0:00:00	None	38.74018, -83.2041
1	Fire Tower	12.1	12.1	Yes	No	Full	1284'	1:47:33	2:41:20	3:48:33	4:15:00	38.77265, -83.1715
-	Bear Creek	15.5	-	No	No	Water Only*	866'	2:17:46	3:26:40	4:52:46	None	38.77393, -83.13929
2	Odell Creek	20.1	8.0	Yes	No	Medium	690'	2:58:40	4:28:01	6:19:40	None	38.73589, -83.11832
3	Camp Oyo	23.4	3.3	Yes	Yes	Full	625'	3:28:00	5:12:00	7:22:00	7:45:00	38.72678, -83.15414
4	Pond Lick	28.2	4.8	Yes	No	Medium	741'	4:10:40	6:16:00	8:52:39	9:15:00	38.69682, -83.17413
5	Hangover	32.4	4.2	No	No	Medium	1192'	4:48:00	7:12:00	10:12:00	10:35:00	38.66294, -83.20587
6	Twin Creek #1	38.2	5.8	Yes	Yes	Full	786'	5:39:33	8:29:20	12:01:33	12:25:00	38.67218, -83.24889
-	Twin Creek #2	43	-	No	No	Water Only*	871'	6:22:13	9:33:20	13:32:13	None	38.68667, -83.26092
7	Mackletree Rd.	46.5	8.3	No	No	Medium	923'	6:53:20	10:20:00	14:38:20	15:00:00	38.70932, -83.23396
-	Lampblack	49.8	-	No	No	Water Only*	1074'	7:22:40	11:04:00	15:40:40	None	38.72936, -83.23891
8	Finish	54	7.5	Yes	Yes	Full	977'	**8:00:00**	**12:00:00**	**17:00:00**	**17:00:00**	38.74018, -83.2041

*Water Only aid station are unmanned/self-served and will only have water available for runners, and no food or other nutrition items.