



THUNDERBUNNY TRAIL RACES

-Crew and Spectator Guide-

Spectators are welcome at the Thunderbunny Trail Races! We hope that the start and finish line is an exciting area for runners when they finish, with plenty of cheering from family and friends! There are also locations along the course for the 50K and 25K for crews to provide support for their runners. This document provides detailed driving instructions to each of the crewable aid stations, along with information on spectating at the start/finish line!

Rules for crew members:

- The number one rule is to BE NICE TO THE VOLUNTEERS! Volunteers are just that - volunteers - and they are out supporting your runners to help them to the finish!
- Runners are responsible for their crew's behavior, and if issues arise, the runner may be disqualified.
- Crews may not provide aid at any other aid station except for the ones listed on the below guide.
- Crews must abide by all traffic signs and parking designations on roadway and the ones listed below.
- Crews must respect aid station workers and listen to their instructions.
- Crews or spectators ARE NOT ALLOWED to eat from the aid stations. Aid station food is only for runners.
- Please be careful on neighborhood roads and watch for children and walkers/runners.
- When driving in the Strouds Run State Park area, be cautious of runners as they are crossing roads several times during their race.
- Lastly, support your runner, cheer on others, and enjoy Athens!

Start/Finish Area Information

Now located in the **Strouds Run State Park Campground**

[GPS Coordinates to Parking Area: 39°21'03.3"N 82°02'14.0"W](#)

Parking is in the large Strouds Run State Park Beach parking lot. Runners and spectators will need to walk to the Start/Finish Area. We'll have a large section of the first part of the campground blocked off for the event. The walk to the Start/Finish Area will be between 0.4 and 0.7 miles from the parking area, depending on where you're parked in the lot. Please use caution as you cross Strouds Run Road!

- Bring your own chairs
- Bring your enthusiasm!

Below is a map of the parking area (yellow) and walking route (orange dots) to the Start/Finish Area in the campground.



1. To Sundown Aid Station

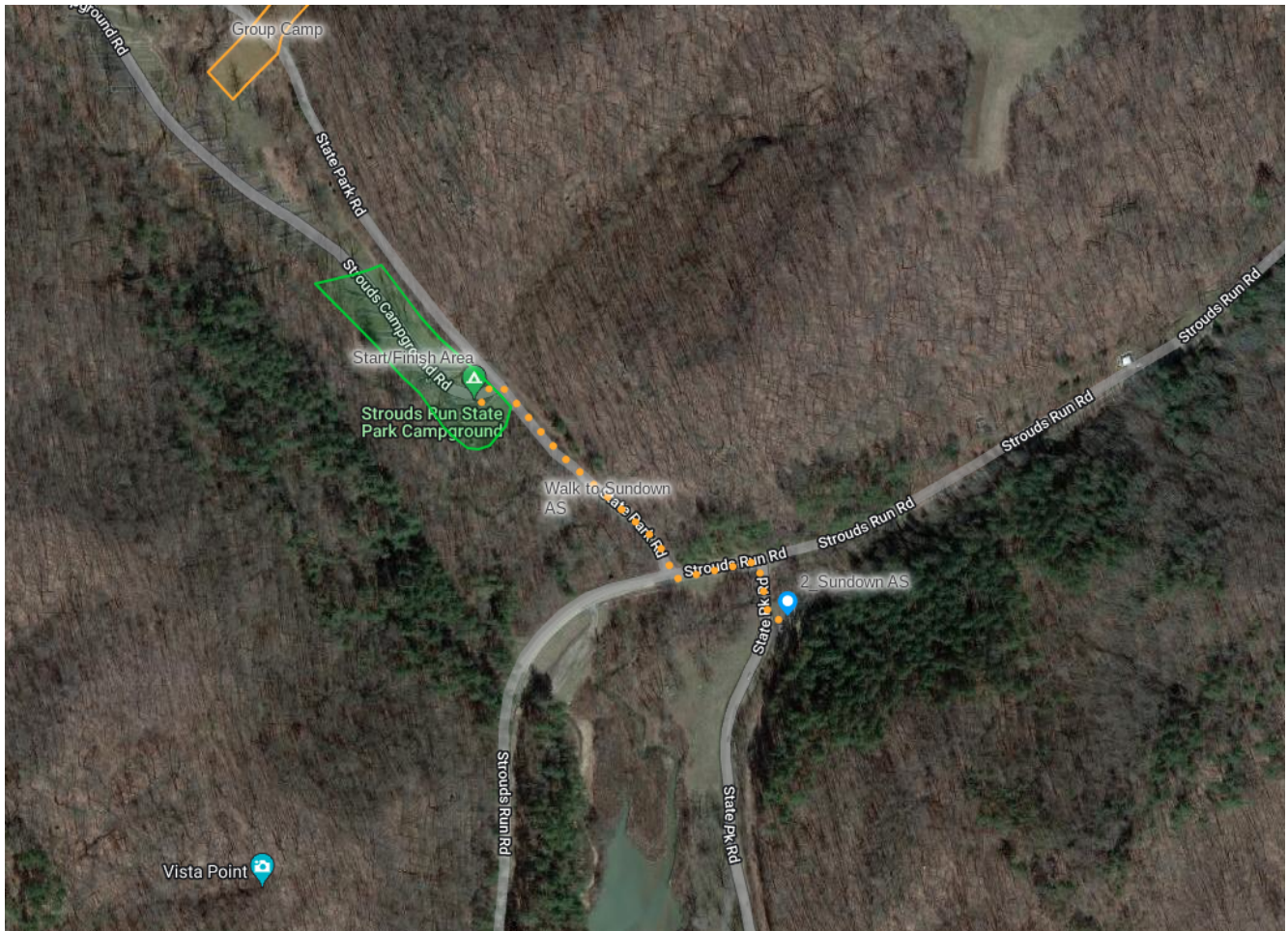
- Mile 6.8 on the course (50K and 25K)

Directions

To reach the Sundown Aid Station, it's a simple walk from the Start/Finish Area, just one-tenth of a mile away.

From the Start/Finish Area, walk back toward the parking area at the beach parking lot. The 6.8 mile Sundown Aid Station is along that route, just after you cross Strouds Run Rd. (*Be Careful Crossing the Road!)

[GPS Map Coordinates: 39.35421926433789, -82.03651382502765](https://www.google.com/maps/@39.35421926433789,-82.03651382502765)



2. To Dow Lake Dam Aid Station (Drop Bag location)

- Mile 13.04 (50K and 25K)

Directions From the Beach Parking Lot

8 miles, 18 minutes

- Exit beach parking lot, turn right onto Strouds Run Rd. .7 miles
- Strouds Run Rd. turns into Scatter Ridge Rd. after veering right. .4 miles
- Make a sharp right turn to stay on Scatter Ridge Rd. 3.1 miles
- Turn right onto OH-690 S 1.6 miles
- Turn right onto US-50 W 1.4 miles
- Turn right into Dow Lake Dam parking lot (after seeing signs)

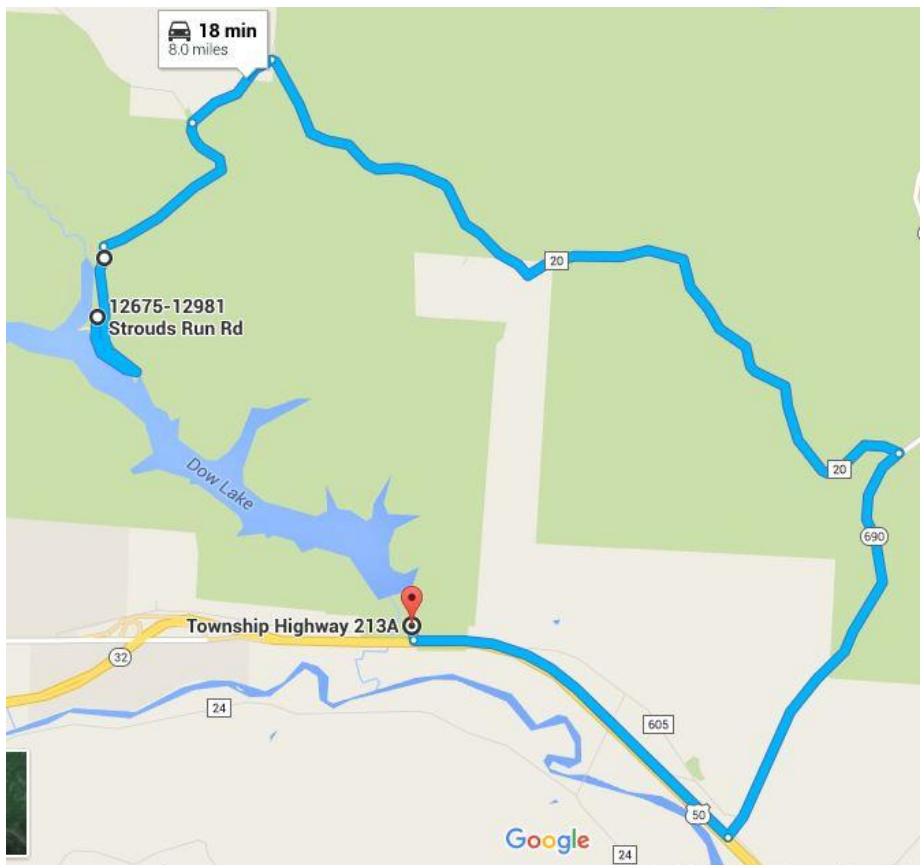
Parking: Ample parking in the parking lot of Dow Lake Dam.

Notes on Aid Station:

*Spectators crewing or watching **25K runners** will head back to the start line.

*Spectators crewing or watching 50K runners will follow the guide to the next aid station.

[GPS Map Coordinates: 39°20'06.9"N 82°00'59.3"W](#)



3. To Hope Drive Aid Station (Drop Bag location)

- Mile 18.53 (50K)

Directions from Dow Lake Dam Aid Station

1.6 miles, 3 minutes

- Exit Dow Lake Dam parking lot and turn right onto US-50 W .8 miles
- Take the exit for East State Street .7 miles
- Turn right onto Hope Drive
- Aid Station is 365 feet on your left at the gate

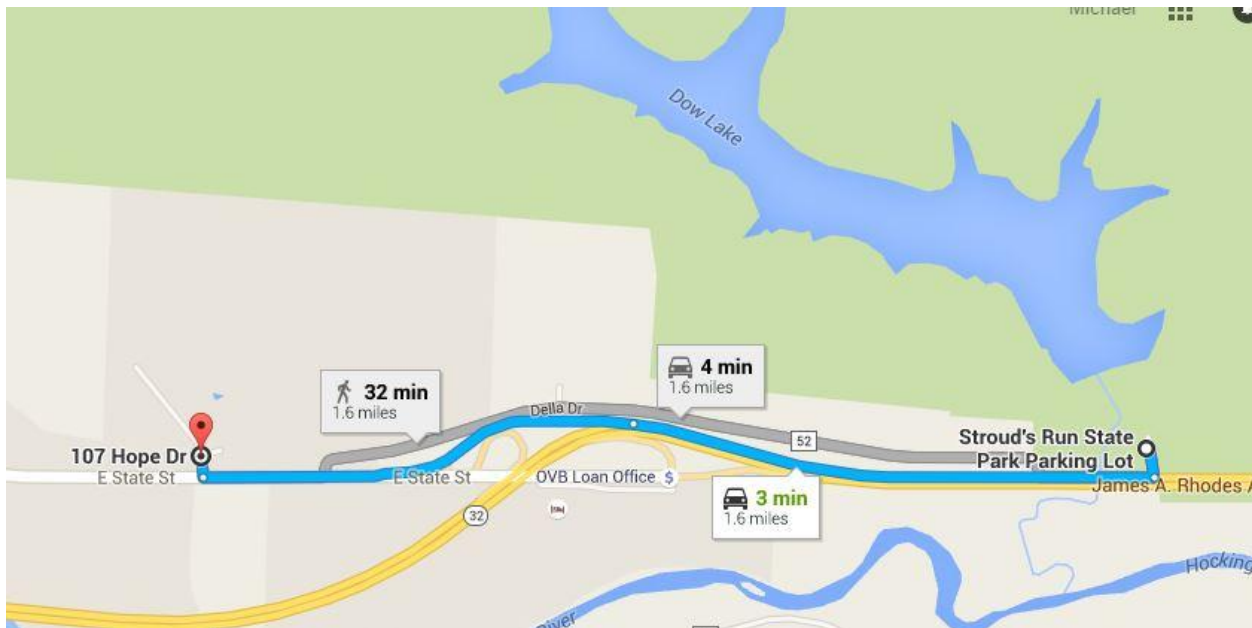
Parking: Find parking along the street or at the Apartment Complex lot just beyond the aid station.

Notes on Aid Station:

*Do Not Block Road or Park in Undesignated Spots

*After leaving Hope Drive Aid Station, crew and spectators will pass by many restaurants and businesses on East State Street.

[GPS Map Coordinates: 39°20'06.8"N 82°02'38.2"W](#)



4. To Sells Park Aid Station

- Mile 22.92 (50K)

Directions From Hope Drive

2.2 miles, 7 minutes

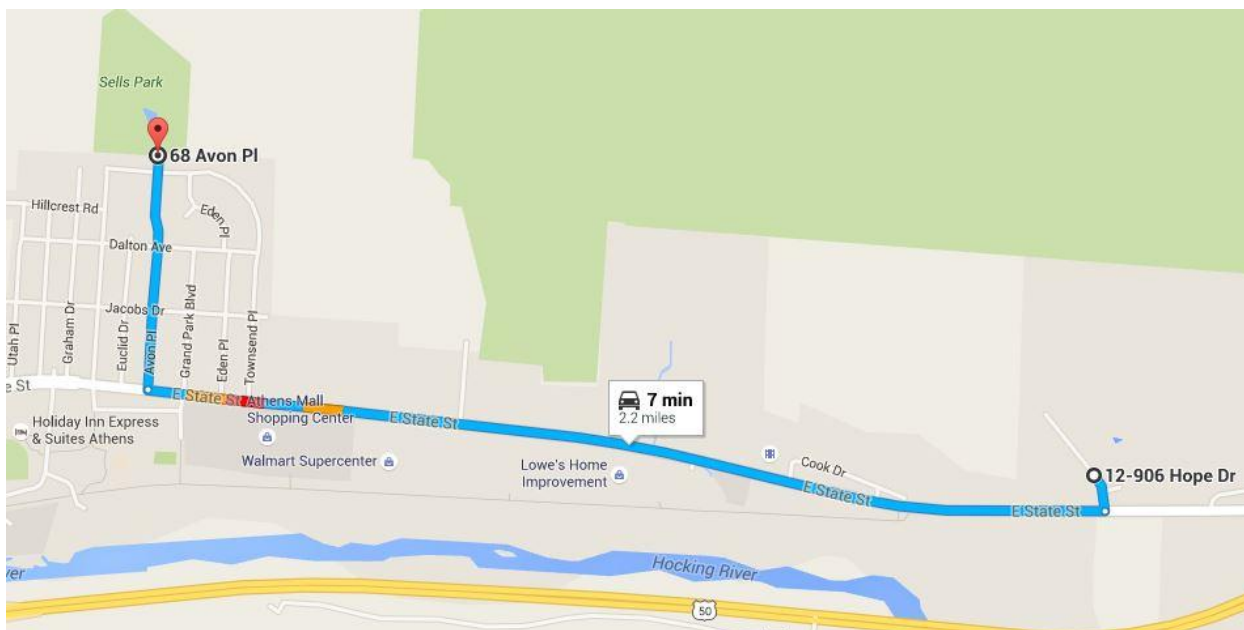
- Exit Hope Drive and turn right onto East State Street 1.7 miles
- After several traffic lights, turn right onto Avon Place .4 miles
- Avon Place dead ends into Sells Park where the aid station is.
- Park your car along the street before Sells Park parking lot

Parking: There is a small parking lot at Sells Park, but please park before Sells Park along the neighborhood streets.

Notes on Aid Station:

*Be careful and considerate while driving through the neighborhood streets as there are many homes, families, and other people out. At times, it can be congested, so please do not go all the way into the parking lot at Sells Park.

[GPS Map Coordinates: 39°20'36.8"N 82°04'28.2"W](#)



5. To Finish

- Mile 31.2

Directions from Sells Park

5.9 miles, 15 minutes

- Return to East State Street on Avon Place .4 miles
- Turn right onto East State Street .7 miles
- At traffic light beside Speedway, turn right onto North May .2 miles
- Stay straight at stop sign onto Cable Lane (steep, curvy, hill) .9 miles
- Turn right at stop sign onto Strouds Run Rd. .2 miles
- Turn right at the stop sign to stay on Strouds Run Rd. 3.2 miles
- After coming into Strouds Run Area, turn right into Beach Lot

*As you are coming into the Beach Parking Lot to the finish area, please drive slowly as runners will be crossing Strouds Run Road.

[GPS Coordinates to Parking Area: 39°21'03.3"N 82°02'14.0"W](#)

